

NO LIFEGUARD



NO SWIM



**ALWAYS FOLLOW THE RLSS UK WATER SAFETY CODE,
WHENEVER YOU ARE IN OR AROUND WATER**

**Water can be dangerous –
think before you act:**

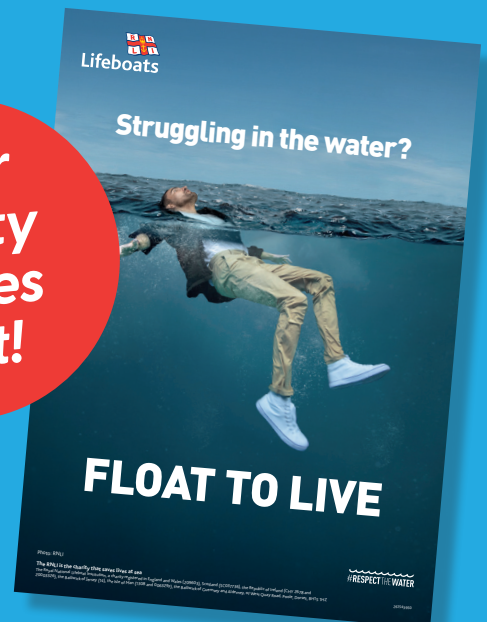
- ✗ Don't** drink alcohol or take drugs near water
- ✗ Don't** swim alone or at night
- ✗ Don't** jump or dive into unknown water
- ✗ Don't** take dares or risks to show off

Be smart:

- ✓ Stick with friends and look out for each other
- ✓ Follow safety signs and rules
- ✓ If someone's in trouble, call for help – don't jump in



**Your
safety
comes
first!**



**STOP & THINK! | STAY TOGETHER
CALL 999 | FLOAT**

 **Active
Lifestyles**
Stroud District